

Link

June 2023

Also in this issue...



5



5



9

Coronation weekend photos

A magazine for the parishes of Bunbury and Tilstone Fearnall

Bunbury takes part in The Queen's Green Canopy initiative to celebrate Her Majesty's Jubilee and to remember her life and service



Pat Brookfield, chair of the Bunbury Parish Council, and Mike Thomas in his full town-crier splendour, were joined by parish councillors on 13 April to honour the late Queen Elizabeth II by planting a tulip tree (*Liriodendron Tulipifera*). In years to come it will become a majestic deciduous tree with seasonal interest. As the tree matures it will bear tulip shaped creamy yellow flowers in the summer and distinctive large lobed leaves that turn a beautiful yellow in autumn. It should enhance the already magnificent trees that grow on the green next to St Boniface Church, in the oldest part of Higher Bunbury.



Follow Bunbury Church on Facebook

Who we are

IMPORTANT NOTICE

All our contact email addresses have changed. Please see the new addresses on the left-hand column on this page. Emails to the old addresses are still monitored.

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The Link

Please contact us if you would like to advertise your business or to send us your news, views and pictures.

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You can also read The Link online at:
www.stbonifacebunbury.org

The next meeting of the **Bunbury Gardening Club** will be a visit to Mount Pleasant, Yeld Lane, Kelsall CW6 OTB on Tuesday 20 June. Meet at the property at 6.30pm. Admission is £7.00. Further details from Margaret Bourne 01829 260944. New members and guests are welcome but please make yourselves known to members of the Committee.

Bunbury WI meets on the second Thursday of the month at the Playing Fields Pavilion starting at 7:30pm. The speaker at the meeting on 8 June will be Nick Birchall on "History of Cheese". Guests and new members are warmly welcomed.

St Jude's are holding an afternoon tea at Tiresford by kind permission of Ms S Posnett on Sunday 2 July at 2pm. Tickets £20.00 each available from Mrs Heather Lightfoot on 01829 732611.

Archbishop Michael of Jerusalem and the Middle East (and Bishop of Cyprus and the Gulf) granted **Alex Sanders** permission to officiate in the Diocese and **Nick** his Readers Licence. Alex and Nick are living in **Cyprus**.



On Sunday 30 April Si Lees-Jones hosted a service in the **Blue Bell Wood** next to the canal. Many thanks to Chas Harden who lent a boat for the service so that Joyce Buxton could attend. It was a very special service, made even more special by the arrival of the canal boat.

Thank you to all those who attended the **Christian Aid** coffee morning and gave so generously

the morning raised nearly £700.

The **ALIVE Group** had a lovely visit on the GO TO bus to Bridgemere. Thank you to Pat Blackwood for organising the visit.

Lizella's Lynne and Emma held a fashion show at St Boniface in aid of the **Good Shepherd Hospice in Chester**. Familiar faces modelled the new season's fashion — an evening of fizz, fun and fund-raising.



A word from the editor

Happy birthday to Joyce Buxton who is 90 this month. See Joyce arriving at the Bluebell Service by narrow boat in Community News. April was a busy month with celebrations and special services, so this edition has lots of photographs to relive the fun. Many thanks to the Bunbury Parish Council for organising the coronation picnic at the playing fields. Thank you also to the Calveley congregation who hosted the Songs of Praise service and shared lunch. Also thank you to the Village Day Committee; organising an event on this scale is never easy and relies on the generosity of the volunteers. We are looking forward to Village Day on 17 June — please support it! Finally, thank you to all those who have given so generously to Christian Aid whether on line or using the envelopes.



TIM HAYWARD

Your Vicar

A good news story

Thanks to Hollywood actors, Rob McElhenney and Ryan Reynolds, everyone knows Wrexham! By now you will know the story. How two years ago these two A-list actors bought struggling Wrexham AFC — so old, it describes itself as an Association Football Club. And it's a made-for-television story, literally, as McElhenney and Reynolds shrewdly used their purchase to feature in a highly successful 'docuseries' entitled Welcome to Wrexham.

Two strange facts for you. McElhenney and Reynolds had never even met in person before embarking on this joint venture, neither had either of them even been to Wrexham before completing the purchase. And yet by all accounts it is not that they own Wrexham AFC, but Wrexham own them. Their unaffected joy on Wrexham's 3-1 win against Boreham Wood was there for all to see. McElhenney was in tears.

For Wrexham is more than a football club, it is a community deep-rooted in the past with a hugely loyal fan base. So much so that when a previous owner tried to asset-strip the club, the supporters bought the club through the Wrexham Supporters' Trust in 2011. Sadly that didn't do the trick and so by the 2019-2020 season, the club had been in its lowest position in the league in 150 years. That's when talks of the McElhenney-Reynolds takeover had begun and on buying the club, they knew they had to completely rebuild and in a major way.

However, they have become an object-lesson in how to own a football club, totally aware that they assumed responsibility for more than a soccer team but an entire community, even a whole town. They could teach a few things to the Glazer family. I was struck in their Mission Statement the commitment to show "appropriate and respectful observance of the Gresford Colliery Disaster" which cost the lives of 266 Welsh miners in 1934. Wrexham AFC is more than just a football club.

So why has Wrexham AFC attracted so much publicity? Simple: here is a feel-good story and it's about people. As US journalist Hunter S. Thompson confesses: "Good news is rare these days, and every glittering ounce of it should be cherished and hoarded and worshipped and fondled like a priceless diamond."

This priceless treasure, this pearl of great price, is the Gospel, even the good news of Jesus. For at the heart of history, even from another drive-past town, comes Jesus of Nazareth who freely gives what our hearts long for: unconditional love and extravagant blessing from the God of all creation.

I don't want to push the parallel with Wrexham AFC too far but it is God's purpose to purchase us for himself. And when we turn to Christ, we too are under new management, under a manager who is in it for the long run (even eternity), who has all the resources needed and who knows what he is doing. And this is no absentee owner, who oversees at a safe distance. The very opposite. The good news is that "the Word became flesh and blood, and moved into the neighbourhood." (John 1:14) Which in the case of Ryan Reynolds is actually the case, as he completes his purchase of a house in Marford, just down the road!

The copy deadline for the July issue is Friday 9 June. The magazine should be delivered from Saturday 24 June. Please send notices to parishlinkeditor@stbonifacebunbury.org

Decibellas presents
Summer Serenades
Saturday, 15th July
at 7.30pm
at St Boniface Church, Bunbury
Adults £10
Children £5
Tickets available now from Tilly's in Bunbury and Stitch, High Street, Tarpoley or via our website www.decibellas.co.uk/boxoffice
Original artwork by Karen Smeartham Decibellas is a registered charity 1197363

Church diary for June

Sunday 4 June	8.00am BCP Communion 9.30am Morning Worship 10.30am Holy Communion & Forest Church 11.30am Holy Communion	St Boniface St Jude's St Boniface Calveley
Wednesday 7 June	10.00am Holy Communion	St Boniface
Sunday 11 June	9.30am Holy Communion 10.30am Morning Worship at Joyce Buxton's home	St Jude's *see below
Tuesday 13 June	2.30pm & 7.30pm Contemplative prayer	St Boniface
Wednesday 14 June	10.00am BCP Communion	St Boniface
Sunday 18 June	9.30am BCP Communion 10.30am Sunday Brunch 6.00pm Evensong	St Jude's St Boniface St Boniface
Wednesday 21 June	10.00am BCP Communion	St Boniface
Sunday 25 June	9.30am Morning Worship 10.30am Holy Communion	St Jude's St Boniface
Wednesday 28 June	10.00am BCP Holy Communion	St Boniface

* Directons to Joyce Buxton's home will be published on our website, and church and village noticeboards nearer the time.

Mike Rogers

Rhythm



Last month I wrote about singing and that brought to mind one of my favourite songs, one called the Rhythm of Life. The song comes from the musical Sweet Charity and it became a trademark number for Sammy Davis Jr. If you were to ever look closely at the lyrics, you might want to take issue with some of what they have to say but in Sammy Davis Jr's hands, the song became a vibrant piece.

But whilst I might want to disagree with some of the song's lyrics, I cannot argue with all of them. The line which runs: 'And The Rhythm Of Life is a powerful beat, puts a tingle in your fingers and a tingle in your feet...' strikes a real chord with me.

And the reason? Well, it seems to me that our lives are governed by rhythm. We set ourselves patterns.

In childhood, it is the rhythm of the academic year that governs us and for many, this is an influence which runs from the age of five until, for those who go on to higher education, perhaps 21.

Thereafter, the need to earn a living or raise a family takes over and different rhythms come into play. For most, life at this stage is governed by the change in pace between weekdays and weekends.

And then comes retirement where life's rhythms change again as each day of the week becomes available to do all those things that hitherto had to be crammed into the two days of the weekend.

But it is not just our daily lives that are governed by rhythm; church life has a rhythm about it too and here, in the northern hemisphere, it is a rhythm that matches the rhythm of the world around us. Spring, (represented if you like in the Church's life by Easter and Pentecost) with its rush of early growth is largely behind us, and in the fields and gardens we see the pace of development begin to slow as plants and livestock alike start to mature and move towards the process of gaining sufficient strength to see them through the rest of their natural cycle.

Spiritually we perhaps need to do the same. We cannot be growing apace all the time. Wherever we are on our journey of faith, we need the chance to draw breath and to build our strength such that the Holy Spirit may take hold and mature within us.

In the words of my favourite song, may these changes in rhythm bring '...a tingle in your fingers and a tingle in your feet' both in your daily life and in your spiritual life.

Revmikerogers@stbonifacebunbury.org

Claire Wilson

F.O.M.O.



F.O.M.O.: Fear of Missing Out — an acronym coined by Dr Dan Herman, when writing a research paper on marketing in 1996 and now used to describe a phenomenon especially associated with social media. It describes the feeling or perception that others are having a better life, enjoying themselves more, generally making the person experiencing it jealous and leaving them questioning their worth. It's aided by the proliferation of posts on social media, highlighting the exciting events, ultra expensive holidays, wild nights out, fun-filled days away, perfect images.

This preys on the insecurity of others, somehow you're not cool enough to be invited, you don't have the correct clothes or look, you're not doing the right job. It fuels a million 'what ifs' and 'if onlys', breeding discontent and a striving for an unobtainable future. What the images and snapshots omit to show is the credit cards maxed out trying to keep up, the airbrushing and filters applied, and the rows had before the perfect smiley photos taken. Reality is life is full of the routine and the mundane, peppered by the occasional amazing moments. If we are forever hankering after what we do not have, we can forget what we do have.

The antidote to F.O.M.O is contentment. Contentment goes hand in hand with gratitude. If we are grateful for what we have, we will learn to appreciate all the small things in our lives and learn to live in that moment.

A very wise friend of mine once said: "treat each day like you are picking flowers, collect the moments of kindness, the beautiful things that you see along the way, and all the precious people you have met. And at the end of the day, you will have a bouquet of contentment."



Our prayer for June

This month we pray for all those taking exams. May God give them peace and the assurance that He is with them.

“Just one thing” for a healthier life



Our well-being expert brings us more ideas from the successful Radio 4 series

Get some sun

Many of us have been scared off exposing unprotected skin to the sun for fear of skin cancer. However research concludes that for pale-skinned people 10 to 15 minutes exposure of the arms and legs to the sun between 12 and 2pm in the summer in the UK is of massive benefit as it causes the skin to manufacture vitamin D, which plays a vital role in serotonin production, bone strength, boosting the immune system and muscle growth. It also seems to help protect against some cancers and some auto-immune diseases such as MS, helps to lower blood pressure and to improve skin conditions such as psoriasis and eczema. Serotonin improves mood and focus and helps us feel calmer, and a healthy immune system helps protect against respiratory infections such as Covid-19.

People with darker skins need longer exposure than those with pale skins - maybe two or three times longer to get the same benefits, as melanin is a natural sunscreen and stops the helpful UV doing its thing. The key is not to burn your skin, so do apply sun cream after the prescribed time and before you burn; certain drugs and skin products may increase sensitivity to UV so always read labels carefully. It's best to get your sun exposure little and often, so go out every lunchtime. Fatty fish and egg yolks contain vitamin D but you need to eat an awful lot of them to get the same effect, so in wintertime it's helpful to take cod liver oil as there is not sufficient UV in the UK sun to get vitamin D made, and you are thus likely to become deficient.

Liv Weller

Invitation to apply for grants from Bunbury Parochial Charities

The trustees of Bunbury Parochial Charities (charity number 216368) invite applications for a limited number of grants from residents and organisations of the following parishes:

Alraham, Beeston, Bunbury, Burwardsley, Calveley, Haughton, Peckforton, Ridley, Spurstow, Tilstone Fearnall, Tiverton & Wardle.

An application may be made by the proposed beneficiary, or by a trustee or other person on their behalf. In considering applications the trustees will take into account the following guidelines:

1. The proposed recipient should be resident in one of the constituent parishes or be an organisation active in providing benefit for the residents of one or more of the constituent parishes.
2. A grant may be made to a recipient who is in financial difficulties, particularly where the difficulties are adversely affecting a child or elderly person.

3. A grant may be made to assist the education of a child who is being hindered by financial difficulties.

4. A grant may be made to support an organisation providing support within the constituent parishes, for example providing clubs/group activity for the young and the elderly, support groups for the elderly, assistance for the disabled or disadvantaged, and groups providing hospital transport, respite care and home support.

Applications must be in writing on our formal application form and sent to David Ellis, 11 Greengate Crescent, Levens, Kendal, Cumbria LA8 8QA preferably by e-mail to dwellis7.de@gmail.com all awards will be made at the complete discretion of the trustees whose decision will be final. Application forms can be obtained from the clerk at the above address, via e-mail or by telephone on 01539 766544

Bunbury Village Day: Saturday 17 June



The Bunbury Village Day team have planned a day full of space exploration and good-old-fashioned fun with amazing guests including the Wonderdome Planetarium; the Xplore! Team from the Science Discovery Centre; Dr Jacco van Loon, Director of the Keele Observatory; special guests from the world of space fiction; the Chester Brass Band; Bunbury's new Rose Queen and attendants; arena displays and activities; puppet show; donkeys; climbing wall; a myriad of stalls; the traditional WI café; a well-stocked bar; a mouth-watering BBQ and live music in the evening. Don't miss it!

For more info go to www.facebook.com/BunburyVillageDay;
www.instagram.com/bunburyvillageday;
www.twitter.com/BunburyDay or www.bunburyvillage.info
For press queries bvd@bunburyvillage.info

News from Bunbury School



Bunbury School had an exciting few weeks to start the summer term. As the school returned from the Easter break the children were delighted to have a temporary onsite heated swimming pool for Key Stage 2 to use.

Over the two weeks the school was able to offer swimming sessions to all Key Stage 2 children as well as welcoming children from the other schools in RCSAT - St Oswalds



and Warmingham. It has been fantastic to see how much the children have progressed after days of consecutive swimming. As some of the children had met the statutory requirement of swimming 25 metres before the end of Key Stage 2 we were also able to offer basic water safety sessions as well.

As the swimming pool left the site we welcomed "10 potential new starters" to Bunbury school.



Kitted out with an incubator and brooding box the school nurtured and nursed 10 eggs and was delighted to welcome 9 chicks into school at the start of May. It has been such a fantastic experience for the children and they have been very keen to visit the new additions as much as possible during their

time at Bunbury before being re-housed in nearby orchards and farmyards.

As we enter the month of May the official statutory testing timetable begins in primary schools across the country. Over

the next few weeks and months children in Year 1, Year 2, Year 4 and Year 6 in Bunbury and across the country will take part in some form of statutory testing as listed below.

Year 1 - Phonics Screening test

Year 2 - End of Key Stage 1 tests in reading, writing and maths

Year 4 - Multiplication tests

Year 6 - End of Key Stage 2 tests in reading, writing and maths.

Whilst people have very different views on the place of testing within the primary curriculum, at Bunbury Primary we keep the testing process very much in perspective for the children. For some, it may be quite challenging, emotionally some may be on a roller coaster and for others they may take it all in their stride. As their head teacher, and as a parent,

I know that it is not easy being tested as a child at any age, but the children are asked to remember that none of the tests listed above measure what makes them special and unique. The tests do not show that they sing, dance and are extremely creative. They do not measure how kind they are to their friends or how they look after their classmates. They do not know how far they can run, how well they can ride a horse or how many goals they have scored. They do not know that they have overcome hurdles and obstacles in their life and they certainly do not test how special, unique and amazing they are as individuals. **The results from these tests will tell us something, but not everything.**

At the end of the Year 6 week of testing the children will be provided with the opportunity to celebrate, thus beginning the start of the transition process from primary to secondary education. The children will enjoy a picnic and games afternoon with their classmates as well as the traditional annual water fight with Rev Tim, Miss Hickson, Mrs Walker and me.

Nic Badger (Principal)

Early Birds Pre-School News

Thanks to the hard work of our generous community, Early Birds has been able to purchase a new shelter for its outdoor area, as well as a wooden fairy house, and soft toys for the children.

For those who want to contribute towards resources for Early Birds, there are easy ways to do so. **The Co-op Community Fund** offers an opportunity to donate through everyday purchases. By registering as a Co-op member and selecting Early Birds Pre-School as your community cause, every time you swipe your Co-op card, Early Birds will receive a donation from The Co-op.

Another option is to shop through easyfundraising.org.uk, where many shops donate a percentage of sales to selected charities.

Our very popular Bunbury cards are also still available, with all proceeds going to Early Birds. They cost £3 each or £10 for four and are available at Tilly's or from Charlie (07920 445666) or Eliza (07481 820183).

Gillian Cadman is marking her 15th anniversary as Manager at Early Birds. Her hard work, dedication, and commitment have been invaluable to the pre-school's success, and the team wishes to express their heartfelt thanks for her contribution over the years.

Finally, Early Birds Pre-School will be present at **Bunbury Village Day**. Please stop by to say hello.

Sky notes: June

Summer Solstice

The summer solstice occurs on 21 June at 3.57 pm. This means it's midsummer's day, with the longest period of daylight and the shortest night. In fact, it never really gets fully dark at all throughout June in our latitudes. The Sun reaches its most northerly point in the sky. It's on this day that people gather at Stonehenge to watch the rising Sun, though modern archaeological research suggests our ancestors actually gathered at this ancient site at the midwinter solstice in December. But now is not the time to think about those cold winter days!

Venus

Venus continues to dominate the evening sky this month, setting around midnight. On 13 June it passes the star cluster called Praesepe, often called the beehive as the myriad of stars look like a swarm of bees. You'll need binoculars to see the cluster. On 21 June, the crescent Moon lies close to Venus, with Mars (much much fainter than Venus) lying to the left. The following night, 22 June, Venus lies just to the right of the Moon — in between you'll be able to see Mars. This will be visible to the unaided eye but binoculars will help to get a clearer view — you might be able to see the orange colour of Mars.

Northern lights

There have been several bright displays of northern lights, or aurorae, visible in recent months. These ghostly glows in the northern sky, sometimes green or even reddish in colour, are caused by charged particles being thrown off by the Sun

interacting with the magnetic field of the Earth. Keep an eye out for them on clear nights. Normally one has to travel to arctic regions to see the aurorae, but several have been seen from southern England recently. Lancaster University's AuroraWatch UK website shows when aurorae might be visible — look for red "alert" bars in their graphic here: <https://aurorawatch.lancs.ac.uk>

Clear skies!

Bunbury Stargazer



Privett Stone 57+58 Jup-Ven small



Thank you to the many people who helped at the Beeston Fete on May Day, and gave so freely of their time and energy — setting up, in the tea tent, on the BBQ, in the car park, and

then dismantling it all again. There are too many people to mention. The fete committee and the community of St Boniface church are truly grateful. If anyone would like to join us on the committee, contact Elaine 07860 128427. There are very few of us at present. There aren't many meetings. It's mainly the running around before the actual event and being present on the day. Many hands make light work.



Bunbury Medical

Practice news: June

Birth Month Reviews

The Practice is introducing a new, annual review recall system. Going forward patients with one or more long term conditions will now be asked to attend for their annual review within their birth month and, where possible, all relevant conditions will be reviewed within the one appointment. Some conditions may require an interim review e.g. at six months, and if so this will be discussed at your initial appointment. Introducing this process has many benefits such as reducing the number of visits to the Practice for patients and it also makes it easier for you to remember when your annual review is due; if your birthday is coming up, book a review!

Invites will be sent via SMS (text message) or letter asking patients to contact the Practice to book their birth month review. However, if you have a long-term condition and your birth month is upon us or approaching, please do not hesitate to book an appointment before receiving your invitation.

When booking your appointment, our reception team will advise you on what you need to do, i.e. some conditions may require a blood test appointment with our phlebotomist, or you may be asked to bring a urine sample with you. It would also be helpful if you have a blood pressure monitor at home to take readings twice a day for the seven days leading up to your appointment and bring these with you. Any patients who use an inhaler should also bring these to their review appointment along with any associated devices.

As this is a new process, we would appreciate any feedback on how the system works for you.

This would be a timely moment to remind patients to keep their contact details up to date; please let us know if you have changed your land line, mobile, or email information.

We need your help!

A Practice decision has been made to extend our prescription turnaround process to 7 days with immediate effect. This decision has not been taken lightly and our dispensary team have worked extremely hard over recent months to try and ensure this does not happen, however due to a number of factors outside of our control such as continuous UK medicine supply issues, disruption from the fire meaning clinical staff have had to be relocated, closures due to bank holidays and staff shortages we have brought in this measure to ensure we can get your prescription to you on time. This timeframe is common in other GP practices and community pharmacies who are all under similar pressures and we are sure all our patients will work with us. We ask that unless you are at risk of running out of medication within the next 48 hours, you wait until a text message is received informing you that your prescription is ready to collect which will ensure you are not making unnecessary trips to the Practice.

Cervical Screening Awareness Week

This is an annual event which this year runs from 20th to 26th June. The week aims to highlight the importance of regular cervical screening for women's health.

Cervical cancer is the most common form of cancer in women under 35. Regular cervical screening appointments can prevent up to 75% of instances of cervical cancer, saving 5000 lives per year. Despite this, many women are reluctant to have this test done, with a quarter of women not responding to their screening invitation.

If you would like to accept the offer of cervical screening, please contact the surgery to make an appointment with one of the practice nurses. Appointments can be made six weeks in advance, Monday to Friday.

Post-Pregnancy Physiotherapy Classes

The specialist physiotherapists at the Countess of Chester Hospital have let us know about a new, post-natal education and exercise class that they are offering at the Ellesmere Port Sports Village on a Tuesday afternoon, 2:00-3:30pm. The class is open to anyone who is pregnant or who has had their baby at the Countess in the past 12 months. Ladies can book a place by calling Therapy Services on 01244 365234.

Coming soon ..

Watch this space regarding an announcement regarding Bunbury Medical Practice's activity on social media platforms!!

Training Days

As you will probably know, the surgery closes for one afternoon per month for protected learning time. These training dates are the same across all Cheshire practices when surgeries are closed between 1pm and 5pm. Dates are subject to change due to local agreement with the Out of Hours service. Currently, the next few dates are:

Thursday 22 June

Tuesday 18 July

Wednesday 16 August

Thursday 21 September

Tuesday 17 October

Wednesday 15 November

Thank you!

Following the fire at the surgery on 25 April, we would like to thank all our patients for bearing with us.

The first floor of the surgery is currently out of use with remedial work due to begin early this month. As all clinical and admin staff are now working downstairs, we apologise for any inconvenience caused to patient appointments.

Parties for the Coronation of King Charles III in Bunbury and Calveley

Celebrating community, faith and service

Below are a few snapshots taken at Calveley Chapel, the Bunbury Playing Fields picnic, and the street parties on School Lane, Church Row, Wakes Meadow, and Aldersey Way.



Will you join us?



The events in Iraq and Afghanistan that so dominated our news and our television screens until our withdrawal from the former in 2009 and the latter some 5 years later have now been consigned to recent history. Books have been written about them and our defence policy shaped by them. They are part of times gone by.

But not so for those who took part. Many of the men and women who left our shores for distant lands did not return; their families still grieve. Amongst those who did come home were young men and women with life changing injuries. Some of these injuries were physical; modern medical techniques have allowed the grievously wounded to survive the loss of limbs and the effects of gunfire. Others were wounded in less obvious ways but wounded nevertheless, being mentally scarred by what they had seen and done.

These survivors from conflict in the 21st Century join the countless others who served in the conflicts of the 20th Century. What unites them all is firstly, their shared experience and secondly, the debt of gratitude we owe them, a debt not easily discharged.

The Royal British Legion is one organisation which is at the forefront of helping those who have suffered and continue to suffer as a result of serving this Country as well as those from the military community who have fallen on hard times.

The Legion is most obviously in the public eye in November; the annual Poppy Appeal and Remembrance Sunday parades stand testimony to that. But its work is not just a once-a-year event. Support is needed, and indeed provided, year-round and here in Bunbury and its surrounds there is a small but active group that meets regularly and helps those who live locally.

Sadly, as people age, the numbers in this group are dwindling. But if we are ever to make any inroads on the debt that we owe the young men and women who both went to war and kept the peace on our behalf we, as a community, cannot let our responsibility to them falter.

If you would like to play your part in discharging this obligation, do please consider joining the Royal British Legion. To become a member, you do not need to have served in the Armed Forces nor do you have to attend our regular monthly meetings held in the Nag's Head Bunbury (although you would be most welcome).

You simply have to have a commitment to supporting the aims of the Royal British Legion which is **'...to champion the interests of serving and ex-serving personnel and campaign on key issues to help improve their lives and to make their voices heard.'**

More information is available from the President of the Bunbury Branch, Mike Rogers (mandmrogers@btinternet.com) the Chair, Lesley Davies (lesleydavies500@gmail.com) or Mairi Harris (mairidharris@gmail.com)

In addition, members of the Bunbury Branch will be outside the Co-Op on Saturday 10th June to answer any questions you may have.

Advertise your business with us and 'talk' directly to our 3,500 regular readers, please email parishlinkads@stbonifacebunbury.org

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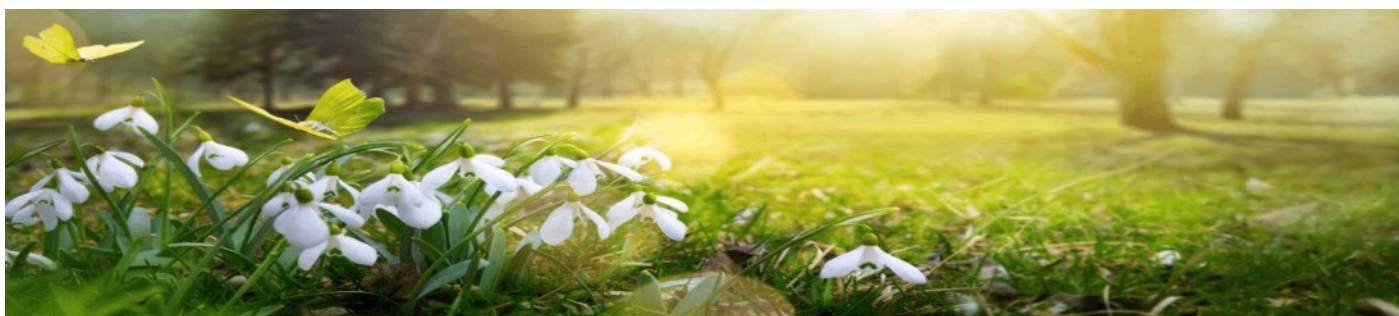
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