

# Link

July 2023

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Summer concert at St Boniface on 15 July

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# Who we are

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Please contact us to advertise your business or to send us your news, views and pictures.

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You can also read The Link online at:  
www.stbonifacebunbury.org

## IMPORTANT NOTICE

All our contact email addresses have changed. Please see the new addresses on the left-hand column on this page. Emails to the old addresses are still monitored.

# Community news

Congratulations to **Paula Berry** and **Andrew Robinson** who were married at St Boniface on the 5 May.



Congratulations to **David Vickers** and **Gina Slater** who were married at St Boniface on the 18 May.



Congratulations to **Jane Parry** and **Christopher Wood** who were married at St Boniface on the 27 May.



Congratulations also to **Carys** and **Chris Murton** on the baptism of **Ivy Anne** at St Boniface on 23 May.

The next meeting of **Bunbury Gardening Club** will be a visit to Ashton Grange, Grange Road, Ashton Heyes, Chester CH3 8AE on Tuesday 18 July. Meet at the property at 6.30pm. Admission £6.00. The August meeting will be a visit to Norley Bank Farm, Norley WA5 8PJ starting at 6.30pm. Further details from Margaret Bourne 01829 260944. New members and guests are welcome, but please make yourselves known to a member of the Committee. **The Gardening Club Annual Show** will be held on Saturday 9 September in the Village Hall. Show schedules will be circulated to members and also available in late July from Tilly's.

**Bunbury WI** meet on the second Thursday of the month at the Playing Fields Pavilion starting at 7.30pm. The speaker at the meeting on 13 July will be Ian Black 'Hairdressing through the Ages'. Guests and new members are warmly welcome. For more information contact Lynda Davies 01829 260084.

**National Garden Scheme: Open Gardens in aid of St Luke's Hospice Saturday 8 July — Millford House Farm, Wattenhall, Winsford, CW7 4DN.** A ticket only entrance with cream teas (limited tickets). A large country garden created over 20 years with mixed borders, a modern walled garden for vegetables and fruit, a



## A word from the editor

Thank you so much to the **Village Day** committee who worked so hard delivering this year's event. Also thank you to the volunteers who organised and ran stalls, and to Mike Rogers who did a great job on the PA. It was a really great event not only supported by village people, but visitors too. It shows the power that a team working together can generate. Another brilliant example of community in action in Bunbury is the **ALIVE** social group for over 55s. Please read Pat Blackwood's piece about it on page 7 — as someone who attends the Tuesday Lunches at The Nags Head, I can vouch for how enjoyable they are!

greenhouse, potting shed, dahlias, wall shrubs and display of exotics, succulents and tender plants. There is also a fruit orchard, native and ornamental trees, and a wildlife pond with toads and newts. Gardened on organic lines to increase biodiversity and attract wildlife.

**Sunday 30 July and Sunday 6 August — The Firs**, Old Chester Road, Barbridge, CW5 6AY. For more details visit the National Garden Scheme website, or you can email the events team at [events@slhospice.co.uk](mailto:events@slhospice.co.uk), call 01606 555688, or visit St Luke's website where you can book tickets.

**Decibellas** are holding their Summer Serenades concert at St Boniface on 15 July at 7.30pm. Please see page 10 for more details.

A note of thanks from Bunbury resident **Sue Barker**: "I would just like to say a big thank you to all the organisers and volunteers for the effort and help they all gave to make the Village Day a huge success. From the procession to the close of day it was all perfect. I would also like to thank everyone for their contributions to UHNM Coronary Care Unit for my recent surgery; this was a way of saying thank you. A huge thank you also goes to our Bunbury Medical Centre, doctors, nurses, and all staff for their care over the past three and a half years".



Congratulations to **Rev Claire Wilson**, who was our curate at St Boniface and has now been appointed as Chaplain of Leighton Hospital, and luckily for us, she was also licensed by Bishop Julie of Birkenhead to be an Associate Minister at St Boniface, and at St Jude's in Tilstone Fearnall.

## Our prayer for June

Let us pray today for all who are finding life bleak, all who are grieving, those affected by war, those fleeing dangerously to find a better life, and especially those who have died at sea. Because we have hope in Christ: for sunlight and rain, we thank you Lord; for goings and returnings, we thank you Lord; for life, health and love, we thank you Lord. Amen



**TIM HAYWARD**

Your Vicar

# The Ashes are back!

The Ashes are back and what a start! I write this on the final morning of the first Test at Edgbaston with England needing seven wickets and Australia 174 runs to win. It has been a truly captivating start to the series with 'Bazball' and Ben Stokes' swashbuckling new style of cricket facing its toughest test yet.

In 1985, Mike Brearley, England's most successful Test captain, published *The Art of Captaincy*, now regarded as one of the greatest cricket books of all time. Thankfully, in the past few years, he has produced a trilogy of essay collections: *On Form*, *On Cricket*, and now *Spirit of Cricket*. His own analogy for why he wrote his latest one is that of the Talmud: as rabbis once wrestled with the Torah, here Brearley is publicly wrestling with the Laws of Cricket. And there is a definite corollary with how cricketers also need to play not just to the letter of the law, but to its spirit. N.B. most sports, such as football or rugby, have "rules"; cricket has "laws".

But what is "the spirit of cricket"? The MCC's first attempt to codify it was done as late as 2000, in a preamble to the laws, but, as a concept, it has much deeper roots. As Brearley puts it, "Examining the topic of the "spirit of cricket" is one route into wider questions about honesty, transparency and generosity; about deviousness, trickiness and cheating." Brearley takes familiar cricketing dilemmas — ball-tampering, Mankading, sledging, etc. — and with elegant prose sheds fresh light on them, including areas on which he has changed his mind over time.

I look forward in time to his thoughts and appraisal of the spirit of 'Bazball' and the captaincy of Ben Stokes. What strikes me as the most impressive aspect of this new style of cricket being played by England is the lack of fear.

In real life, of course, we fear making mistakes. It can cripple us. And the England team in the previous two years before Ben Stokes became captain were paralysed by fear and failure, only winning one of their previous 17 tests. What Ben Stokes and coach Brendon McCullum have managed to achieve by their affirmation and encouragement, focusing on enjoyment and entertainment rather than winning has been truly remarkable. This England team are seeing the Ashes as a wonderful opportunity to perform in public knowing that they will make mistakes along the way but they can't do anything wrong in the eyes of their captain and coach!

We all need to be affirmed — to be valued for who we are rather than by what we do. As the apostle Paul teaches: "God affirms us, making us a sure thing in Christ, putting his Yes within us. By his Spirit he has stamped us with his eternal pledge — a sure beginning of what he is destined to complete." (2 Corinthians 1:21, the Message). Here's hoping and praying the Ashes and its famous urn are destined to return to England this summer!

**The copy deadline for the Aug-Sept issue is Friday 14 July. The magazine should be delivered from Saturday 29 July. Please send notices to [parishlinkeditor@stbonifacebunbury.org](mailto:parishlinkeditor@stbonifacebunbury.org)**

# Mike Rogers

## Ordinary Time



One of the many privileges associated with being a priest is to be involved with people at pivotal points in their life such as baptisms, weddings and funerals. True, funerals can be very sad, particularly when they are the result of a tragic accident or of a life cut short in its prime. But to celebrate and hear the story associated with a long and well-lived life is indeed a privilege.

Being part of the celebration that goes with baptisms and weddings is similarly a privilege and whilst funerals might be said to mark an ending, the same is not true of baptisms and weddings. These each speak of new beginnings and of hope for the future.

None of us quite knows where life will lead a newly married couple as they step out of the church door with God's blessing ringing in their ears, and if that is true for a couple, how much more so is it true for an infant who is just beginning their life-long Christian journey with the water and oil of baptism still wet on their heads.

I very often close a baptism service with a blessing that begins:

*The God of all grace, who called you to his eternal glory in Christ Jesus, establish, strengthen and settle you in the faith.*

Those few words seem to me to have a sense of calmness and constancy about them that cuts across the hurly-burly of our everyday living.

In the church's year we have entered that period of time known in the new liturgy as Ordinary Time. Those of you who still operate in the old currency of the Book of Common Prayer would more readily recognise this period as being the 'Sundays after Trinity' which this year number 21 - the last Sunday after Trinity falling on 29 October.

It is a time when the liturgical colour is predominately green which, as one parishioner put it, leads one to think of lawn tennis, cricket and the lazy, hazy days of summer.

Liturgically speaking, what lies ahead is a period of stability, a stability which sits in stark contrast to the state of the world in which we live; a world where human suffering and grief is so commonplace.

That being the case, praying that we might be ... established, strengthened and settled in the faith is not easy. What we see unfolding on our television screens, that anguish and pain etched on the faces of our fellow human beings, might well strike at our faith in a loving and caring God.

But be certain that God is there in that anguish and pain. He is there in those who work for the benefit of the victims

of the world's disasters, both natural and man-made. He is there in those who, with great tenderness, rescue their fellow human beings from their predicament such as those caught up in the recent train crash in India. He is in those who have given of their wealth to help those less fortunate than themselves and in those who pray for the disadvantaged and the oppressed.

So, as we enter a period of the church's year which is characterised by stability, may I ask you to remember those for whom life is anything but stable and to pray that God might ...establish strengthen and settle them in the faith, not just in God but also in the knowledge that they are neither alone nor forgotten in their troubles.

*revmikerozers@stbonifacebunbury.org*

## Church diary for July

Sunday 2 July	8.00am BCP Communion 9.30am Morning Worship 10.30am Holy Communion & Forest Church 11.30am Holy Communion	St Boniface St Jude's St Boniface Calveley
Wednesday 5 July	10.00am Holy Communion	St Boniface
Sunday 9 July	9.30am Holy Communion 10.30am No service at St Boniface instead Pet service	St Jude's Bunbury Cricket Ground
Tuesday 11 July	2.30pm & 7.30pm Contemplative prayer	St Boniface
Wednesday 12 July	10.00am BCP Communion	St Boniface
Sunday 16 July	9.30am BCP Communion 10.30am Sunday Brunch 6.00pm Evensong	St Jude's St Boniface St Boniface
Wednesday 19 July	10.00am BCP Communion	St Boniface
Sunday 23 July	9.30am Morning Worship 10.30am Holy Communion	St Jude's St Boniface
Wednesday 26 July	10.00am BCP Holy Communion	St Boniface
Sunday 30 July	9.30am Morning Worship 10.30am Morning Worship	St Jude's St Boniface

# “Just one thing” for a healthier life



## *Our well-being expert brings us more ideas from the successful Radio 4 series*

### **Get Some Houseplants**

Indoor air pollution is associated with increased levels of asthma, dermatitis, conjunctivitis and eczema in children. The VOCs (volatile organic compounds) from furnishings, cleaning products, building materials and cooking can react with atmospheric ozone to form formaldehyde, which is a highly unpleasant compound. House plants can reduce VOCs by 50-75% if you have five or six in a small room, or one per square metre in an office. They also reduce CO<sub>2</sub> and NO<sub>2</sub> levels which in turn increases memory and improve mood. House plants in offices and schools correlate with fewer headaches, fatigue and coughs, and increased attention and productivity. They also increase humidity which helps with skin and eye issues caused by dry air. The plants absorb the VOCs through stomata in their leaves, and microbiological organisms in the soil also help to break down toxic compounds from the air. Fast growing plants such as tradescantia (spider plants) and peace lilies are far more effective than slow-growing ones. Not mentioned in the podcast is that tending house plants and watching them grow can in itself be very therapeutic - in my opinion anyway!

### **Eat Chocolate**

This is the one we have been waiting and hoping for! Cocoa and dark chocolate contain high levels of flavanols which

confer multiple health benefits. A few years ago someone noticed that the Guna people of Panama didn't experience rising blood pressure as they aged. Since they eat lots of raw cocoa its effects started to be researched, and studies showed that ingesting high levels of cocoa flavanols makes the blood vessels more flexible and lowers cholesterol. This improves blood flow, lowers blood pressure and improves cognition: trial participants also had less insulin resistance. All these effects were noted in both older and younger people. Sadly, eating white or milk chocolate does not provide these benefits as they contain little or no flavanols, so the recommendation is to replace your usual sweet treat with two or three squares of dark chocolate, maybe mid-afternoon when energy levels are flagging and many of us are craving a snack. As dark chocolate is quite bitter we are much less likely to want to binge on it in the way that we might with milk chocolate, so it is easier to satisfy the craving and not overdo the sugar intake. A tablespoon of unsweetened cocoa powder will provide the same effects, as will eating three apples with skins on, but the two or three squares of dark chocolate may be a pleasanter option for many!

*Liv Weller*

## The Mystery Plays at Chester Cathedral

A theatre set has been installed in the nave of Chester Cathedral, with the stage running the length of the aisle, and two further stages at each end. The Chester Mystery Plays 2023 are ready. Hundreds of volunteers, headed by a professional and immensely talented team, have put together a stunning production. It is a huge undertaking. The plays are steeped in history. They go back to the early 1400s, and come from a time when the bible was inaccessible to most (unless they were conversant in Latin). Bible stories were therefore staged by the tradesfolk of Chester and taken to the streets for all to enjoy. They were banned in the 15th century. Fears as to their inappropriate bawdiness were raised by those who were keen to stick to strict doctrine. Indeed, to this day, there is some 'poetic licence'. The Chester Mystery Plays were revived in 1951, and have been performed every five years since then. They are a huge undertaking. Original scripts are revised and tinkered with, and a new musical score composed each time. For over 20 years, the inimitable Matt Baker has written the score. This year, there is a full chorus, a small chorus, soloists, and a mini orchestra comprising an

eclectic range of instruments, including a hurdy-gurdy and a horn from some large bovine creature. The plays have a serious message, but also many light-hearted comedy moments. The shepherds provide some comical entertainment, and the dynamic between Noah and his wife will be recognisable to many. There are contributions from those closer to home. School Lane residents Caroline Briggs-Harris, and children Joseph and Harriet, are performing in the plays. Harriet and Joseph are on alternate nights (there are two children's groups, such as the levels of commitment and late nights). Aside from being mini demons in the Harrowing of Hell, the children have various roles - including Jesus as a child (or 'Ginger Jesus', as Joseph has become known), and Harriet is a balletic bird teasing Noah's wife as she goes into the ark. Caroline has been typecast as First Demon, and is a mother in the disturbing Slaughter of the Innocents play. All three are in various crowd scenes too. The plays run from 28 June to 15 July. There are matinee performances. Tickets can be bought from [www.chestermysteryplays.com](http://www.chestermysteryplays.com). Some performances are already sold out. Please note that some of the language and scenes may not be thought suitable for young children.



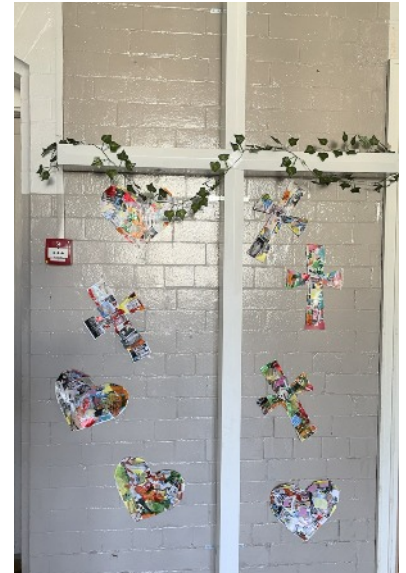
# News from Bunbury School



A few months ago, Bunbury Aldersey Primary School became the very proud owners of the Bunbury Methodist Church Cross which now has pride of place within the school hall. With the help of Mike Ridley, who has kindly provided much of the information for this article we now know a little more about the history of the cross which we are able to share with the children. The Bunbury (Wesleyan) Methodist Church was founded in 1808, 17 years after the death of its founder, John Wesley, in 1791. It served the local community faithfully until the early 1980s when the structure of the building became unsafe and it was decided to demolish the main church, leaving the schoolroom at the rear of the property which was redeveloped into a smaller chapel. The chapel then continued its witness from its re-opening in 1988 until its closure, due to falling congregations and increasing disrepair in 2021.

When the smaller chapel reopened, one key requirement was the procurement of new communion rails. Fortunately a Methodist Chapel in the north of the Cheshire Methodist circuit was closing and their communion rails were exactly the size required in Bunbury. It was agreed that the transfer would take place, but that Bunbury would also take their cross rather than it be disposed of. The cross was brought to Bunbury with the hope that it would be erected amongst the bushes at

the front of the church, but due to a number of problems, approval was not available and the cross remained within the chapel until its closure. As part of the arrangements for the disposal of all the contents of the chapel as a result of closure, the trustees were very hopeful that an appropriate place could be found for the cross within the local community. Following discussion with the school it was agreed that it would be accommodated within Bunbury Aldersey Church of England Primary School. Trustees are delighted that current and future generations of schoolchildren will have this additional source of witness as they begin their learning journey.



*Mike Ridley*

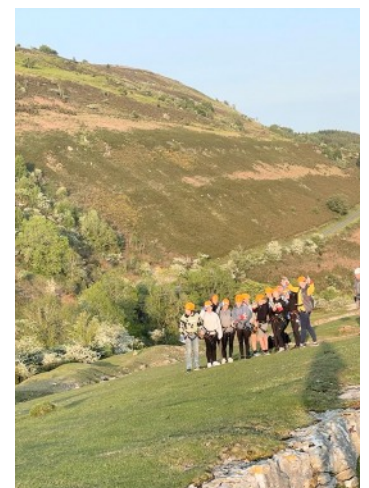
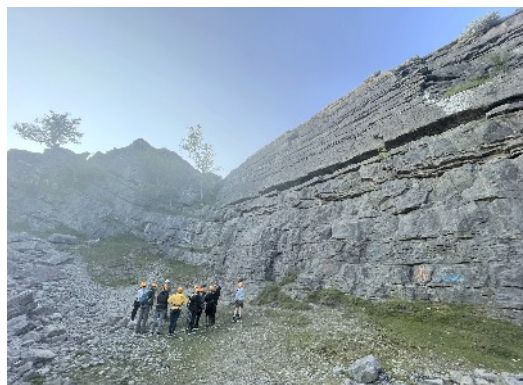
*on behalf of the trustees and Nic Badger Principal.*

## Young Christians go abseiling



Young Christians tested themselves abseiling in Llangollen. They had a fabulous night!

Thanks to Beth for organising, and to Rach and Jo for their help with transport. "Tom, the abseiling instructor, was so good", said one of the parents. Every child rose (and came down) to the challenge.



# Sky notes: July

## *Venus at its brightest!*

Venus has been dazzling away in the evening sky after sunset for several months now, but this month it reaches its maximum brilliance. This happens on 9 July. Early on in the month Venus sets around 11.15pm, but as the month progresses it rapidly drops into the twilight, finally disappearing at the end of the month. So now is your final opportunity to catch the Evening Star, as Venus is sometimes called, this year. Venus passed half-phase, technically known as “dichotomy” from the Greek “cut into two”, at the beginning of June. Throughout July it will



present as an ever-slimming crescent – just like a miniature crescent Moon. You will be able to see this phase in a small telescope, or perhaps even binoculars. But be very careful not to look for it without an optical aid until after the Sun has set as you might be blinded by the Sun’s light. On 19 July, look out for a very thin crescent Moon to the right of Venus, low in the western sky after sunset. If you have binoculars to hand, you might be able to spot Mercury below the Moon and Mars just above Venus. A very close gathering indeed! The following evening, 20 July, Venus lies below the Moon, with Mars to the left and Mercury to the lower right. On 6 July, the Earth reaches its furthest point from the Sun (known as “aphelion”) at 152,000 km. The Earth’s orbit around the Sun is not circular, but an ellipse. Earth is closest to the Sun (“perihelion”) in January, at 147,000 km. It always strikes me as curious that we are closest to the Sun in midwinter, though the difference is small. Enjoy the warm July evenings sky gazing!

*Venus, just after half phase on 3 June (Paul Abel). During July, Venus will appear as an ever-thinning crescent phase*

*Bunbury Stargazer*

## Bunbury PC Chairman’s Cup awarded to Henry Gillingham



Henry Gillingham, landlord at the Nag’s Head in Bunbury has been awarded the Bunbury Parish Council’s Chairman’s Cup for his support of **ALIVE’s** Warm Hub project last winter. Over the winter months, the Nags Head became a warm hub where

pensioners had the opportunity to have a hot beverage in a welcoming environment. The Nag’s Head is also home to **ALIVE’s** Tuesday Lunches, where people can enjoy a hot meal and play games if they are so inclined. Presenting this award, Pat Brookfield, chair of Bunbury PC, thanked Henry and his staff for their community involvement.

The photo shows the **ALIVE** group on their spring outing to Bridgemere. Pat Blackwood, who coordinates the

group, is issuing an invitation to over-55s: “Why don’t you come and join us? We meet every Tuesday 12.00pm at the Nag’s Head in Bunbury. We have a choice of freshly cooked meals for £5. You can stay after lunch for a social afternoon if you wish. We also meet on Friday morning at the Nag’s Head at 10.30am for coffee and a chat. There are occasional outings also. Anyone over the age of 55 will be warmly welcomed. Come along and make new friends or meet old ones.”

To find out more telephone Pat on 0744 3653355.



# Bunbury Medical Practice

## news: July

### Getting the most out of your GP appointment

A GP appointment is a valuable opportunity to receive expert advice and care regarding your health concerns. However, many people feel rushed or overwhelmed during their appointments, which can lead to unsatisfactory outcomes or unaddressed concerns. To obtain the most out of your GP appointment, it is important to approach it with a clear plan and an understanding of your priorities.

One common mistake that patients make when preparing for a GP appointment is creating a long list of health concerns. Whilst it may seem like a good idea to cover as many topics as possible, this approach can actually be counterproductive. Research has shown that when a doctor is faced with a long list of concerns, they may be more likely to miss important details.

Healthcare professionals advise focusing on one problem per appointment. This allows the GP to provide consistent, high-level care (both for each problem and each patient) and ensures that each issue receives the attention it deserves. If there are multiple issues, please ask reception if a double appointment is possible.

If a double appointment is not possible, then please bring all the issues up at the start of your appointment. The GP will use their knowledge and expertise to prioritise which issues are likely to be most pressing to your health. This will help you prioritise your needs and ensure that you get the most out of your appointment.

Finally, please remember that communication is key; be honest about your symptoms, concerns and lifestyle habits. This will help the GP make a more accurate diagnosis and provide more personalised advice. Your GP is there to help you, and by working together, you can ensure that you get the most out of your appointment and achieve better health outcomes, as well as a more satisfying consultation.

**A message from Leighton Hospital radiology team.** We have been asked to remind our patients that plain x-rays are conducted on an appointment-only basis at both Leighton Hospital and the Northwich Victoria Hospital. We understand that an increasing number of patients are attending the department without an appointment believing that it is a walk-in service.

The appointments team have also asked that patients wait a minimum of 12 hours following a referral from their GP

before calling the team to book an x-ray. This gives sufficient time for the request to be vetted by a radiographer; the appointments team are not able to offer an appointment until the request has been vetted and will just ask the patient to call back the following day. They are usually able to offer an appointment within 7 days of receiving the referral request from the GP.

The appointments office is open Monday to Friday 09:00 to 16:45 and Saturday 09:00-12:00 noon. Patients can also book via email address [xraybooking@mcht.nhs.uk](mailto:xraybooking@mcht.nhs.uk)

### Breast Screening

Eligible Bunbury patients are currently being invited for routine breast screening at Leighton Hospital.

Sadly, we receive many notifications that patients are choosing not to be screened.

The GPs at Bunbury would always encourage all eligible patients to attend a breast screening appointment. Screening is a vital way to detect problems before symptoms occur which allows treatment to be commenced as early as possible.

For further information on what is involved in breast screening, please visit the Cancer Research UK website or speak to one of our clinicians at your next appointment,

### Staying hydrated in the summer heat – advice from our nurses.

The human body is 60% water, so it is important to stay hydrated!

The NHS advises drinking at least 6-8 glasses of fluid daily as a minimum. The amount we need to increase our water intake will vary and can depend on factors including how much time you will spend in the sun and if you will be doing any physical activity. Generally, experts recommend drinking 2-4 litres of water during hot weather; it is also important to spread this throughout the day to avoid drinking excessive amounts in one go.

Try to avoid fizzy drinks as they can contain sugars. Water is best, but fruit teas and sugar-free juices are also acceptable. Limit alcohol and caffeine.

The elderly, young children and babies are more at risk of dehydration.

Signs of dehydration include feeling thirsty, a dry mouth, dark-coloured urine or passing urine less frequently.

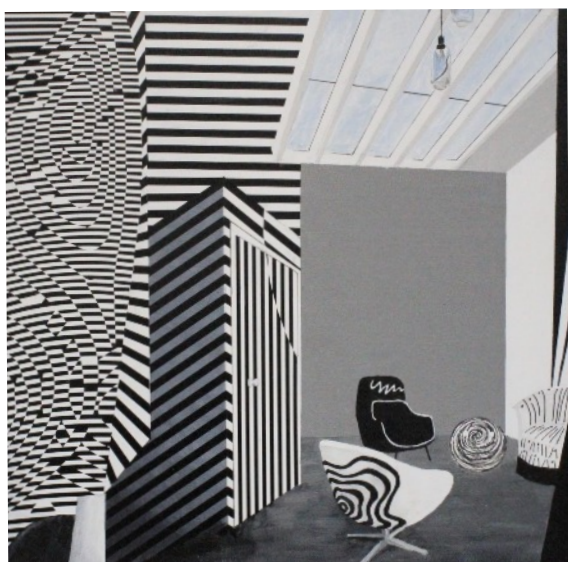


# Joy Parker at the Royal Academy

*Joy Parker, who most of us know as a neighbour, friend or Reader at St Boniface Church, had her painting, "No Connection; no exit", selected for the Summer Exhibition at the Royal Academy in London. Joy is completing a Master's degree in Fine Art at Chester University. Many congratulations to Joy for a magnificent achievement! Below is her recollection of the day.*

In March, I entered a painting, on-line, into the Royal Academy Summer Exhibition without any expectations. When it was shortlisted in April, I took it carefully to the RA back rooms, expecting to hear nothing more. Crossing the courtyard, I decided to turn around and go up the steps into the public part of the RA. "Gosh", I thought, "my painting is actually in this building!"

On 24 May I discovered it was one of 998 accepted out of 11,204 entries and that I was invited to Varnishing Day on 2 June. (Varnishing day is from when oil paintings had to be left six months to dry, then the artists went in to varnish them.) They still have everyone gather in the courtyard at Burlington House, then process with a steel band and all the clergy to the Royal Academy church of St James's, Piccadilly — creating havoc as we all crossed the road in front of Fortnum and Mason — for a special Artists' Service. St James's is a Wren church with beautiful Grinling Gibbons carvings, over the altar, of harvest fruit and birds. We were given a lovely welcome. The steel band played 'When the saints come marching in' until the very formal service started. Afterwards we processed back to the RA, where the curator, David Remfry RA, had a light installation on the staircase, to the galleries where a champagne reception and buffet awaited us.



Since Covid, they have a waitress service with trays of small bowls of delectable items, followed by bowls of strawberries, shortbread and cream. Initially, the waitresses struggled, as all we wanted to do was find our work! Someone accosted a waitress



and complained about the exhibit by Ryan Gander RA, (who is curating the Chester Biennial this year) which seemed to be of a dead cat. The two of them shuddered in horror, until I pointed to my catalogue and said it was actually made of wood, covered in artificial fur. I am sure he intended the frisson.

I finally found my painting high up in a gallery I had entered fruitlessly previously. Consequently, I was rather surprised that it sold on a Private View day, before the exhibition opened to the public.

Varnishing Day allows no 'plus ones', so we all had to chat with each other, and it gave us a chance to rub shoulders with some of the Royal Academicians and invited artists who were exhibiting alongside us.

For the Summer Exhibition 2023, artists were invited to explore the theme "Only Connect", inspired by a quote from the novel "Howards End" by EM Forster (1910), and echoed in a moving contemporary retelling of the story, "On Beauty", almost 100 years later by Zadie Smith. "No Connection; No Exit", was created in acrylic paint with vinyl, and like many of my other paintings, has an expectant, sinister feel, with echoes of Jean Paul Sartre's play, No Exit (1944), about three people condemned to hell. I hope people will bring their own interpretation when viewing the painting.

*The RA, founded by King George III in 1768, is running the exhibition at Burlington House in London until 20 August. For more information on the exhibition, please visit: <https://www.royalacademy.org.uk/summer-exhibition>.*

# Featured Events

All pets welcome!

All people welcome!

**Annual Outdoor Pet Service**  
**Sunday 9 July**  
**Bunbury Cricket Field**  
**10.30am**

The Lord God loves us all!

We look forward to seeing you!

www.stbonifacebunbury.org

**CHESTER MYSTERY PLAYS 2023**

28 JUNE - 15 JULY  
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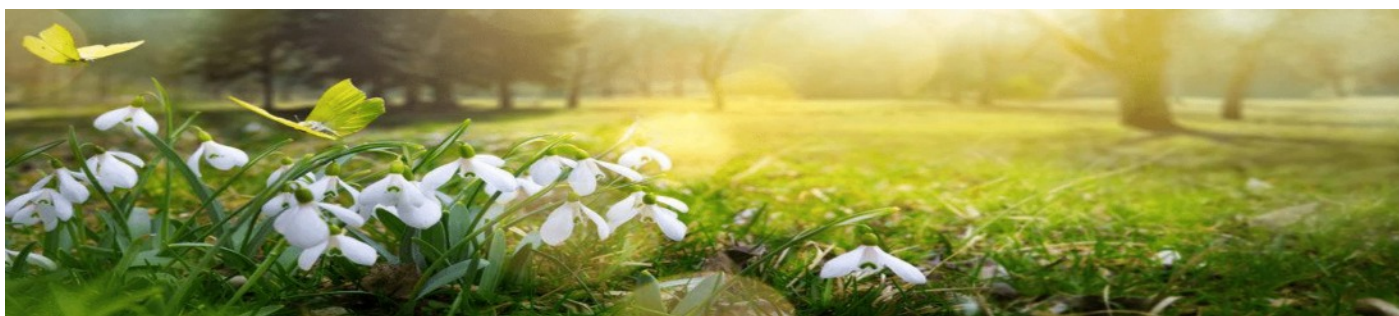
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