



Also in this issue... Bunbury lives the Fruits of the Spirit

Let your gentleness be known to everyone Philippians 4:5



3

Foodbank donations for those in need



Nic Badger: how **Bunbury School** champions fruits

of the spirit

Claire Wilson on striving to be always kind

A magazine for the parishes of Bunbury and Tilstone Fearnall

Fruits of the spirit alive and well in Bunbury



THE FRUIT OF THE SPIRIT

GALATIANS 5:22-23

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You can also read The Link online at: www.stbonifacebunbury.org.uk

Congratulations to Hannah

Cunningham & Nicholas **Ball** (pictured below), married at St Boniface on Friday 17 September and to **Elizabeth Hedley** and **Neil Horton**, married on Friday, 8 October.



Congratulations to **Thomas Watson**, son of **Maggie** and **Richard** (all pictured below), baptised on 19 September



and to
Jessica
Rosser,
daughter of
Richard and
Kate (right),
baptised on
3 October.



Reg and Anne Unsworth are retiring from delivering the Link to Manor Park. Thanks to them and to Sue Watson for taking the deliveries on, adding to her round in Spurstow.

The **Bunbury Gardening Club** will hold their Annual General Meeting on Tuesday 16 November at 7.30pm in the Village Hall. There will be no usual hot pot supper but bring your own wine and nibbles will be provided. New members are welcome.

ALIVE organised a trip to Bridgemere Garden Centre on 4 October. They managed a walk around the gardens in the sunshine. Then there was time to walk around the centre and shops. Many of the group bought warm slippers ready for the colder weather!





The restaurant had laid out a wonderful lunch with plenty of tea, sandwiches and particularly delicious cakes. Everyone agreed it was a treat to go out after such a long lockdown, many of them on their own, to meet up with friends again. The day out was funded by the grant ALIVE had been given by Cheshire's Police Commissioner from proceeds of crime

Decibellas has organised a **one-day singing workshop with Bob Chilcott**, one of the world's premier composers and choral conductors. It will be held at Malbank School, Nantwich on 8 January 2022 and is open to upper voices (soprano and alto). Tickets are limited

A word from the editor

The weekly Fruit of the Spirit theme for October depicted on the front cover of this issue has been really powerful for me. Whether one is a believer or not, the core values are so important and a really good reminder. At Bunbury School these values are taught in a slightly different way; Nic Badger has included the theme of generosity in her news from school. Clare Wilson's article on p9 reflects on the kindness rules her family created – such a great idea. If you have missed any of the services, they are all online.

On Tuesdays the Tuesday Lunch Club is at the Nags Head in Bunbury and those who want to stay on for games. It's a special time for everyone. Please do join us from 12.15pm onwards – there is always someone there. Ring 07860 128427 for details.

Christmas messages in the Link - To have your Christmas message printed in the Link, please email it to Elaine Crotty parishlinkeditor@gmail.com or post it through the letterbox to Sunnybank Cottage, School Lane Bunbury. Please give your donations to Crisis at Christmas online or phone 08000 199099. Deadline for the message to be printed in the Link Monday 6 December.

and bookings can be made via their website at https://www.decibellas.co.uk/boxoffice/bobchilcott-workshop-upper-voices

Healthwatch is a health and social care champion. They look for feedback about NHS services and peoples' concerns. They will be in the Nag's Head on Wednesday 24 November at 10.30am to meet any villagers who are interested.

Good news from the Nantwich Foodbank! After some 18 months of delivering emergency food parcels outside front doors, the Foodbank contact centre in Nantwich is re-opening, enabling people to collect their own parcels in person and talk to staff about their financial situation if they wish. Further sources of help and advice can be signposted. Food donations are collected in the usual way and taken to the storehouse or dropped off in local supermarkets in Nantwich. In Bunbury, our collecting box is outside the front of the Village Hall – please help us to fill it each week. At this time of harvest, we can express our gratitude for our full fridges and cupboards by helping others who may be going hungry. Tins of meat (curry, stew, ham etc) are needed urgently at the moment, and also tea, coffee and washing powder/liquid.

The copy deadline for the December–January issue is Friday 12 November. The magazine should be delivered starting Saturday 27 November. Notices to bunburyparishoffice@gmail.com



TIM HAYWARD

Your Vicar

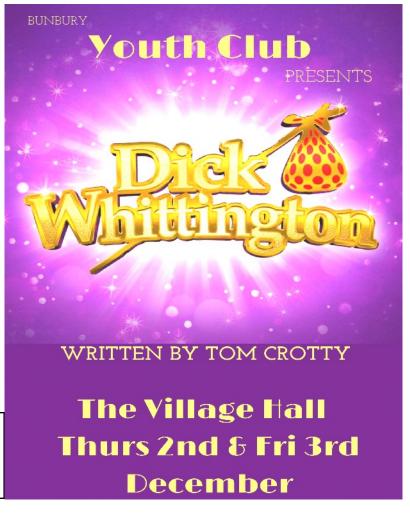
Fruits of the spirit

I just wanted to say a big thank you to all those who have contributed to our Fruits of the Spirit series, whether online or in person. (You can still watch them online if you've missed out, go to our YouTube Channel: Bunbury Church Online.)

It's been good to reflect on some of the qualities that make up our Christian life together. Good relationships are at the heart of all success. The best relationships, whether with family, friends or work colleagues, are the ones where you don't have to hide the cracks and the flaws. It's so often the quirks and the foibles that make relationships special.

Without good, honest, vulnerable relationships, humans grow anxious. If we don't allow others to know us with all our failings, we'll look in the mirror and only see the 'behind the scenes' version of ourselves in all its mess. And when we look at other people all we will see is their 'show reel' of highlights. This can destroy self-worth and the positive power of relationships.

God's way is different. We can be as raw and as broken and honest with Him as we dare. And when we find love and acceptance in Christ, we don't need to try to impress others with our lives. We can be vulnerable and real, and our common faith will help our relationships because we are rooted in an abundant source of love and kindness.



From my bookshelf

Redhead by the side of the road by Anne Tyler

Sometimes you read a book that just feels comfortable. There is no great drama, no larger than life characters, the setting is seemingly mundane. Yet by the end you are left reflecting on ordinary lives and the hidden facets they might contain, if only you could take a peek inside. This is the gift that Anne Tyler shares with us in

Micah Mortimer isn't the most polished person, but he has his set ways of navigating the world. A self-employed tech expert and superintendent of his Baltimore apartment building, he seems content with the steady balance of his existence.

this her latest novel.

"Does he ever stop to consider his life? The meaning of it, the point? Does it trouble him to think that he will probably spend his next thirty or forty years this way? Nobody knows. And it's almost certain nobody's ever asked him."

Already forty-three, he has had his share of girlfriends, and now, "women friends,"

since he refuses to refer to women over thirty as "girls." None of his relationships have evolved into anything permanent, however, nor has he expected them to. "He lives alone; he keeps to himself; his routine is etched in stone."

Micah's role as outsider is played out when he visits his big brash extended family. The only brother amid five talkative sisters: "When you grow up in that kind of chaos you vow to do things differently once you're on your own." The problem with Micah is that he's removed himself one step too far.

He has been together with his current woman friend, Cass for three years or so. "They had reached the stage where things had more or less solidified, compromises arrived at, incompatibilities adjusted to, minor quirks overlooked. They had it down to a system you could say." When she calls to tell him she's facing eviction because of her cat and will have no place to live, he tells her "There

are hundreds of people with pets, living in

Baltimore. You'll find another place, trust me." His surprise at Cass abruptly ending the call is nothing compared to the shock that awaits him when a well-groomed rich kid turns up the next morning on his doorstep and claims Micah is his father. Suddenly, he is forced to take a long look at his life, past and present, and he begins to see the world through new eyes.

At its heart this is a tale about misperception and second chances. Tyler's cast of flawed characters are portrayed with great empathy and humour. She distills the everyday experience into something remarkable and reminds us that ordinary lives should be celebrated.

And if you're wondering who the redhead by the side of the road is, you will have to read the book to find out.

Contributor: Margi Nalia

Bunbury school news

Harvest was celebrated in school with the annual Harvest Worship. Unfortunately, the service was still virtual, but that did not stop the children singing, sharing and presenting their work on what 'generosity' meant to them with 100 parents/carers joining via Zoom to celebrate.

Throughout this half term the children have been thinking about generosity through their weekly worships. Harvest is a time to

reflect on God's generous goodness in his gift to us of creation.

From the beginning of September to early October, Christians focus on creation and the responsibility they have for the stewardship of the earth. In the Lord's Prayer, the words, "give us this day our daily bread" acknowledge our dependence on God's generosity to supply our needs. Known as Creation Tide, it is the time to thank him for all that he has created. At the time of harvest, it's good to think about what sort of harvest we're producing for ourselves and to remember



to be thankful to God for all his gifts to us and to the earth. Each of our classes shared their thinking about what generosity meant to them. Emerging from these uncertain times, the school has been thinking about being generous: by loving others as we love ourselves, giving cheerfully, caring for creation and giving of our time. As part of the Harvest celebrations we asked for donations for the Nantwich

Foodbank. The school community gave very generously

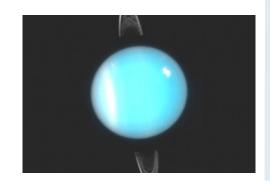
Worship at Bunbury is linked to the Christian values and each half term the children look more closely at a particular value. Returning back to school in September the theme was generosity. Next half term we will be looking at trust and what this means to Christians. During the half term, different children are rewarded weekly for showing this Christian value in their everyday lives both within school and in the community. The children really enjoy this in–depth work on each of the Christian values.

Sky notes for November

How many planets can you see with the unaided eye? Aside from the one beneath your feet, most people would say five: Mercury, Venus, Mars, Jupiter and Saturn, all of which are visible this month. However, for a keen-sighted individual from a location without moonlight and light pollution, one other planet can be added to the list: Uranus.

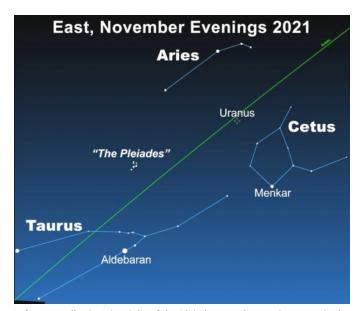
It is at its closest approach to the Earth on November 5, although it can be seen all through the month. It is in the constellation of Aries, the Ram. Look out for it in the east in the evening sky. The accompanying star chart shows its position. The most noticeable object in this region of sky is the Pleiades star cluster. However, Uranus is barely detectable to the naked eye, so try looking for it with binoculars. Through a small telescope at high magnification, you might be able to make out a tiny, greenish disc.

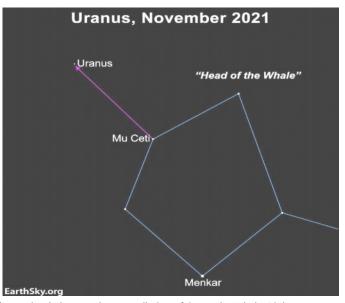
Although Uranus holds the distinction of the first planetary discovery, by Sir William Herschel on 13 March 1781, who spotted it



from his garden in the city of Bath, its relative brightness means that it was observed by other astronomers on a number of previous occasions, but mistaken for a star. For example, the planet was first definitely seen by Astronomer Royal John Flamsteed in December 1690 on at least six occasions.

With a diameter four times that of the earth, Uranus is the third-largest planet in the solar system. It orbits the sun once every 84 years at a distance averaging 2.875 billion kilometres, or 19 times farther away from the sun than earth. In common with its more distant sibling, Neptune, Uranus is considered to be an 'ice giant' because, in addition to being largely composed of hydrogen and helium gas like its larger kin Jupiter and Saturn, Uranus also contains methane gas plus water and ammonia in the form of ice. Uranus has a delicate ring system and sometimes shows bright spots as shown in the image above taken by the Hubble Space Telescope (photo courtesy of: NASA ESA/M. Showalter/SETI Institute).





Left: Uranus lies in Aries right of the Pleiades star cluster, close to a ringlet of stars that belong to the constellation of Cetus, the Whale. Right: expanded star chart showing the Whale's Head

Christmas gift advice for budding stargazers

A telescope for Christmas?

At this time of year, I am often asked about buying a telescope as a present. My first piece of advice is first to get a good pair of binoculars like "10 x 50s". These magnify 10-times and each lens is 50mm in diameter. They can show you many things in the night sky, including Uranus. If you would like a

telescope, go to a specialist retailer, many of which operate online these days. They can offer advice about the best instrument for you. Avoid the alluring ads in the newspapers and small scopes in high street stores. Whilst these look attractive, they are often very poor quality and will lead to disappointment. There are two

useful guides from the British Astronomical Association: What telescope should I give a child? (see: https://britastro.org/node/15810) and What is the best telescope for an adult beginner? (see:

https://britastro.org/node/25199).

Clear skies!

Bunbury stargazer

A warming recipe for November ...

Oxtail Stew

Many thanks to PCC member David Cox for this delicious recipe



2kg oxtail
50g plain flour
4 tbsp olive oil
1 onion diced
1 large carrot diced
2 celery sticks diced
4 cloves garlic finely chopped
1 red chilli finely chopped

1 tbsp light soft brown sugar 1 tsp ground allspice 2 tbsp tomato purée 300ml red wine Bouquet garni 400ml beef stock 1 large sweet potato cut in chunks Salt & pepper

Method

Trim excess fat off oxtail, pat oxtail dry then dust with the flour. Heat oil and fry oxtail pieces until well seared. Remove from pan then add onion carrot & celery to pan and cook for about 5 mins then add garlic and chilli and cook for another two minutes. Next stir in sugar and allspice stirring until sugar has dissolved then add tomato purée stirring for 1 min.



Add the red wine & bring to boil. Add oxtail to pan with some seasoning also the bouquet garni and beef stock. Bring to boil again then turn heat down and simmer for 3 hours until meat is tender.

Remove oxtail from pan with slotted spoon then remove vegetables.

Leave remaining liquid to cool so you can skim the fat from top more easily. Put meat and vegetables back in pan with the sweet potato and cook until potato is tender.

Further ruminations of a chilli grower

On Kefalonia last week looking for Homer's Ithaca, I pondered my chillies. As predicted, when I returned it was no longer summer, and the chillies I had outdoors because they escape the worst predations of whitefly better there were calling for care and attention. They needed to go in the greenhouse or cold frame for some chance of ripening, but that required the sacrifice of any remaining tomato plants. As you may recall my outdoor tomatoes which usually carry on slowly fruiting until December, had fallen foul of potato blight and had already gone to the great compost bin in the sky. I manfully cleared them out and moved most of the chillies in, photographing them all for posterity. I thought about why, when they were all planted on the same day in February and had more or less the same loving care,

some were covered in fruit and others hadn't yet decided to flower! This year's fluctuating weather which also upset my bees and honey harvest is part of the story – it hasn't been anywhere near as consistently warm as last year - but of course, variety, country of origin and general cussedness (theirs and mine) are all part of the story. I also had time to ask myself why I grew so many (a question Ros has asked often) and to be honest the answer is... I don't really know... but when they are lovely little seedlings just appearing I can't resist trying to raise them to adulthood! In my defence I do give some away but am always worried they aren't being looked after properly.

After moving them, I stood back to take in the full panoply, feeling a flush of parental pride as they don't look at all bad and many

> have ripened and many more will! So... what to do with them? There is a limit as to how many you can cook with and, as the freezer is full of fine examples of previous years, they must be dried, ground and given away to

unsuspecting (and some eager) recipients. Grace takes a lot to London as some of her co-workers like a bit of bite to their sandwich. Truly, some are absolutely fearsome (chillies not co-workers) and Armageddon is one of



them. They are on the right in this picture and sundry others picked at random as they looked ripe, are on the left. This is a small fraction of what will emerge over the next few weeks and star in what will be my final report.

It is seed buying time (or all the best ones will have gone), and so on the right are some just purchased from FATAALI seeds in Finland of all places. On the left are ones from past seasons that will still germinate, or at least enough will to keep any sane person going for the rest of their admittedly now probably truncated gardening lives! Ah well, "old age must have its liberties" as the saying from "A Peep behind the Scenes" goes!



Community news



The Rain or Shine company is bringing a production of "Around the World in 80 Days"

to Bunbury Village Hall on Saturday 4 December. Booking early to reserve tickets is highly recommended! To comply with the Covid restrictions at that time, you may have to book directly with the company and follow their guidelines when attending. Details at www.rainorshine.co.uk.

At the Harvest Festival at Calveley Chapel on 3 October an afternoon tea of sandwiches, savouries and cakes was held before the service. The church looked beautiful with its floral arrangements together with some fruit and local vegetables. The choir really helped to make the



service special – thanks to all who contributed in making such a lovely afternoon.

St Jude's held a harvest supper on Saturday 25 September. The evening was well attended and enjoyed by everyone.
Special thanks to Harvey's Farmhouse Catering.





Decibellas
presents

Deck the Hall:

Back after two years, we are delighted to invite you to join us for a traditional festive concert.

Candles, holly, fun & laughter followed by a festive tipple!

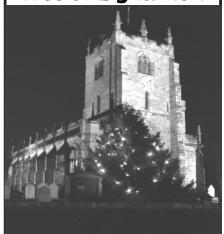
Saturday 11 December 2021

St Boniface Church Bunbury at 7:30pm
Doors will open at 7pm

Tickets from The Old Fire Station Chocolate Shop Tarporley, Tilly's Bunbury or online at www.decibellas.co.uk
Adults £10 & Children £5

For those we love and those we miss

Tree of Lights 2021



To sponsor a light on the tree at St Boniface, please fill in the form and send it with a cheque payable to Bunbury PCC to: Lucy Munro, Heath Cottage, School Lane, Bunbury CW6 9NR

I would like a light on the tree to celebrate: (please give details)

(please give details)			
I would like to donate £ (£5 min)			
To gift aid this donation to Bunbury PCC (Charity No 1133106) tick box*			
*By ticking this box you acknowledge that: you are a UK taxpayer and understand that if you pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all your donations it is your responsibility to pay any difference.			
Full name			
Address			
Postcode			
Signature			
Date:			
Tick this box for an entry in the Book of Lights			

Tarporley village market is back!

Tarporley village market is up and running again. The last two markets of 2021 are on Saturday 6 November and Saturday 4 December. 9.30am to 1.00pm at Tarporley Community Centre. There are over 25 food and craft stalls to choose from and the Rotary Café is open for drinks and wrapped snacks.

Church diary for November

Wednesday 3 November	10.00am Holy Communion	St Boniface
Sunday 7 November	8.00am Holy Communion 9.30am Family Worship 10.30am Forest Church & Holy Communion 11.30am Holy Communion 4.00pm All Souls' service	St Boniface St Jude's St Boniface Calveley St Boniface
Wednesday 10 November	10.00am Holy Communion	St Boniface
Sunday 14 November	9.30am Remembrance 10.45am Remembrance	St Jude's St Boniface
Tuesday 16 November	2.30pm Contemplative prayer 7.30pm Contemplative prayer	St Boniface St Boniface
Wednesday 17 November	10.00am Holy Communion	St Boniface
Sunday 21 November	9.30am Family Communion 10.30am Sunday brunch 6.00pm Evensong	St Jude's St Boniface St Boniface
Wednesday 24 November	10.00am Holy Communion	St Boniface
Sunday 28 November	9.30am Family worship 10.30am Family communion	St Jude's St Boniface

Tarporley Community Centre - Fridays @ 7.30 pm*





THE ROTARY CLUB OF TARPORLEY PROUDLY PRESENTS

October 15th - Knives Out. (12)

When a renowned crime novelist is found dead at his estate, a detective investigates the death of this patriarch of an eccentric, combative family. Starring: Daniel Craig, Chris Evans, Ana de Armas

November 19th - The Personal History of David Copperfield. (PG)

From birth to infancy, from adolescence to adulthood, the good-hearted David is surrounded by kindness, wickedness, poverty and wealth, as he meets an array of remarkable characters in Victorian England.

Starring: Dev Patel, Hugh Laurie, Tilda Swinton.

3.30pm SUNDAY December 12th - Peter Rabbit 2. (u)

Thomas and Bea are now married and living with Peter and his rabbit family. Bored of life in the garden, Peter goes to the big city, where he meets shady characters and ends up creating chaos for his family.

Starring: Rose Byrne, Domhnall Gleeson, David Oyelowo

<u>January 21st – Little Women. (PG)</u>

Drawn on both the classic novel and the writings of Louisa May Alcott, Jo March, reflects back and forth on her fictional life. Thus, the beloved story of the March sisters becomes both timeless and timely.

Starring: Saoirse Ronan, Emma Watson, Florence Pugh, Eliza Scanlen

February 18th - No Time To Die. (12A)

James Bond has left active service. His peace is short-lived when Felix Leiter, an old CIA friend, turns up asking for help, leading Bond onto the trail of a mysterious villain armed with dangerous new technology.

Starring: Daniel Craig, Ana de Armas, Rami Malek



OCEEDS DONATED TO ROTARY SUPPORTED CHARITI Adults £5. Children £4 (subject to film rating).



For more information email: filmnight@tarporleyrotary.org.uk Tarporley Community Centre website: www.tarporleycc.co.uk

REMEMBRANCE SERVICE



Our prayers for November

During this Remembrance season, we pray for all our loved ones departed and give thanks for the many memories we treasure.

We give thanks too for all those who have given their lives in the service of their country, remembering those who have died in conflict, but also those key workers who have died during the pandemic in the service of others.

Father God, Watch over those who are dear to us, especially those children and young people who are settling in to new schools and colleges. Bless those too whose lives are unchanged and who may be weary, fed up or afraid. We ask this in Jesus'

name, Amen.



Claire Wilson Mike Rogers



Loving kindness

When my children were little, we wanted to set up some family rules to help us grow together. We didn't want to create a series of 'should's, 'ought's and 'do not's. We wanted to challenge each other to be better people, of good character. The last rule but by no means the least, was to 'use kind words'. This was reinforced at playgroup, school, and friendship circles, where 'kind hands', 'kind feet' and 'kind words' were regularly encouraged. Kindness is a quality that we highly value in our children, it helps them to share, be caring and be gracious of the shortcomings of others, as they learn to regulate their own difficult emotions and needs.

As we grow older, this quality often gets relegated to a 'nice' characteristic, or is seen as a weakness, in a world where selfpreservation is the key. People are anxious and fearful of being hurt, choose to lash out first or are simply weary, thoughtless, or shorttempered in their behaviour. Hurt people end up hurting people and a cycle of meanness begins.

The bible places great store in kindness, as the writer of the book of Colossians, Paul says:

"As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. Above all, clothe yourselves with love, which binds everything together in perfect harmony."

Paul interestingly chooses the imperative "clothe" to instruct people to display these qualities. To 'clothe ourselves' means to put on and every day we make a conscious choice about what to

WILSON FAMILY RULES Be the best you can be Play together Help each other Forgive easily augh often Eat together
Say I love you regularly
Listen to each other Be creative Use kind words

wear. The clothes we wear equip us for a variety of daily tasks and say something about us as people. Clothes for bed, for exercising in, for special occasions, clothes that instantly display our profession.

Why would God want us to choose to consciously 'put on' kindness? "Chréstotés", the Greek word for kindness is hard to translate into a single English word, as it implies the goodness of God in action and is often translated as loving kindness. God is calling us to be actively kind towards others, even when they are not being kind to us, as it reflects God's kindness to us, through the grace and mercy shown in Jesus. He chooses to forgive us, time and again, despite our rejection of him. How do we clothe ourselves with kindness? By choosing to treat others with love and grace, by choosing to put others' needs first, by forgiving one another.

Kindness isn't a childish quality, and it isn't a saccharine sweet nicety, it is an intentional, sometimes costly, choice to keeping loving, to act in goodness towards others, perhaps despite their treatment of you. By putting on kindness, you become a wounded healer, someone who choses to break the cycle of pain and hurt. Are you willing to intentionally 'clothe' yourselves daily with kindness?

Uniform

I wonder if you have ever thought about how often in our daily lives we encounter people in uniform of one sort or another.

Given my length of service in the Royal Air Force, mention the word uniform to me and my mind immediately turns towards the Armed Forces. But the wearing of a uniform goes far beyond that.

Those of you with children and grandchildren at school will be well aware of the trials associated with school uniform, and there has been much debate of late about its cost. For our own children, Margaret and I were continually battling with the fact that what fitted one term, had been outgrown by the next!

But uniforms are worn by folk in all walks of life; shop workers, delivery van drivers, bank clerks, council workers and the administrative staff of the NHS to name but a few. And they are worn for a reason; a uniform engenders a sense of corporate togetherness and identity, in military terms, an 'esprit de corps'.

But there is a downside of wearing uniform for, faced with a sea of identically dressed people, it is all too easy to lose sight of the fact that behind the corporate image that such a sea presents lie individuals, individuals who have feelings as we have feelings, who need to be valued as we need to be valued and who are deserving of the respect that we would wish others to show us.

As we approach the season of Remembrance, we will inevitably bring to mind those who serve and have served in uniform, and that is right and proper. But as you do so, may I encourage you to see beyond the uniform and search out the individuals that lie behind the uniform and the corporate image for that is exactly what God does. As the Prophet Isaiah records, ...God calls us by name for ...we are precious in his sight.

And for that, Thanks be to God.

Bunbury Medical Practice news

We are delighted about the positive feedback from last month's news column; thank you!

The People

This month, it is the turn of our Nursing Team:

Steph Burrows is our Nurse Practitioner/lead nurse and works Monday to Thursday. Steph does a mix of triage calls, minor illness clinics and is able to assess, diagnose and treat patients with a variety of health needs; she can also refer patients on to a GP or specialist, if needed.

Natasha Keeping and Claire Thomas are our practice

Natasha works on a Wednesday, Thursday and Friday. She is our respiratory lead so patients will see her when attending for their asthma checks.

Claire is our newest member of the nursing team having joined us in November 2020. She works all day on a Monday, Tuesday mornings and Thursday afternoons.

Kate Bloor is our HCA (Health Care Assistant) who is here on Tuesday and Wednesday mornings, then all day on a Friday.

Amanda Naylor is our phlebotomist (takes blood) and works on Monday and Thursday mornings.

Next month: The Dispensary Team.

Vaccinations Update

Winter Flu jabs. Our delivery of flu vaccines finally arrived at the beginning of October and flu clinics are being held during the week and on Saturdays throughout October and November. Please book by calling reception.

Covid boosters. These are being organised centrally by NHS England and not by the practice. Patients will receive a letter or a text inviting them to book an appointment.

Blood tests

Last month, we mentioned that there was a nationwide blood tube shortage. The good news is that stock levels are back up and we are now booking patients who had been waiting for their routine blood tests.

Polite request

If you have a cough/cold/sore throat, it would be a good idea to book a PCR test before attending the surgery for an appointment as it may prevent you attending the surgery with a positive diagnosis. Two patients recently attended the surgery and were found to be positive later that day, thereby increasing the chance of spread to patients and staff.

New Telephone System

Hopefully by the time you are reading this, our new telephone system will have been installed at the surgery. We hope that there will be more lines available which will make it much easier to contact us.

Dispensary Update

This month, there will be a few changes and new faces in dispensary. Rachel Thirlwall will now be managing the dispensary team as Lisa Pywell moves to the position of Business Manager for the practice.

As well as our regular dedicated team of seven dispensers, we are delighted to have two new members joining the team. We also continue to have the help of our Bunbury Buddies; staff who work on an ad hoc basis at the window.

A pharmacist is joining us on 25 October. Diane will be helping us with medication reviews and also creating a streamlined system for annual chronic disease checks. However, her role will not include being in dispensary, although we can glean information from her previous retail experience.

We hope that these additional members of staff will help us through our busiest time of the year.

Patients can play their part by only ordering what they need. Please remember that we will only be closed for three days this Christmas/New Year period: 27 and 28 December 2021 and 3 January 2022. We hope there is therefore no need for patients to order more than they need.

And finally, thank you to all our patients who continue to support us with kind words.

How to order repeat medication?

- By using the Patient Access App on your mobile device.
- By posting your repeat slip into the box at the gate or beside the dispensary window.
- If you have lost your repeat slip, please simply write your name, date of birth and first line of your address on a piece of paper and post this in either box, with a list of the medication you need.

Both boxes are emptied at 11.30am, Monday to Friday. Please allow four working days for dispensary to process your request.

We would also ask that patients do not re-order medication as soon as they have collected their order as we do not have the space to keep uncollected medication for a month.

Morag Hallam

Morag Hallam passed away in August, beloved wife to David, Mum to Kerry and Lindsey and Grandmother to Tyr, Elliott and Yasmin.

Part of Bunbury village life for 45 years, Morag was known for her friendliness, thoughtfulness, smile and kindness.

Her daughters describe her as an inspiration, whilst bringing up three young children, Morag made the brave decision to go back to college to retain as a nurse. She supported adults with learning disabilities to live within homes in the community and become as independent as possible. She taught her young daughters to see people as equal and have empathy, to always encourage and seek ways to enable others to live their best lives. Her dedication and warmth continued when she later worked in Nantwich library, a perfect setting to enjoy her passion for literature.

When her daughter Kim died aged just 19, Morag showed her strength in managing the most unbelievably difficult circumstances. As the weeks, months and years went on, Kim was always in Morag's heart and thoughts.

Morag was a wonderful cook and loved looking up new recipes, she passed this passion onto her husband David and it became a shared hobby of theirs. In turn, David passed on his love of football to Morag, they both thoroughly enjoyed their Derby County season ticket membership. Morag loved to entertain guests, travel, visit the theatre and opera.

Morag's three grandchildren adored her. Tyr, cherishes memories of her cheerful personality, Elliott, Morag's lovely cooking and their shared enthusiasm of Netflix. Yasmin, their shared love for reading, jewellery and playing games.

In recent years, Morag's health made it difficult for her In many ways, but she didn't complain. Instead she embraced the good days, the days where she could go out or meet with family and friends or cook for others.

She will be greatly missed by her family and friends.

Kathleen Roberts

Kathleen Mary Roberts was born on 14 April 1938 to Howell and Nancy Roberts in Acton near Wrexham. She was their only daughter. In the 1950s Kathy served in The Royal Observer Corps for a short while.

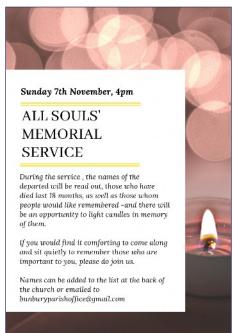
She met David Edge at the Isle of Man TT Races and they married on 24 September 1961 at Wrexham Parish Church. David was Bunbury born and bred, with a large extended family that took Kathleen to heart and made her very welcome.

Kathleen worked for Boots the Chemist for over 40 years before she and David both retired in 1999, giving then an amazing 22 years together in retirement. They enjoyed holidaying in their caravan in Anglesey for about 15 years. More recently they spent most of their holidays on the West Coast of Scotland, doing what they loved best to do together, walking and fishing. They started out sea fishing in boats but later settled with fishing from the shore. Every holiday, two days were allocated to a well fought fishing match. Kathy always won and never let David forget it.

Auntie Kathy as she was affectionately known, did a few odd things which made the family laugh. One year, she somehow accidentally managed to cut through Christmas tree lights, making them useless! Often she would fall asleep on the sofa as the family chatted away, then opening her eyes briefly she would join the conversation, close her eyes and instantly nod off again.

Kathy had two big passions: chocolates from Hotel Chocolat and chocolate cake.

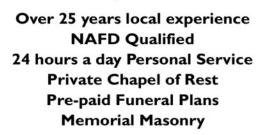
She couldn't walk past Hotel Chocolat without buying their 3-bars deal. She would come home and eat one bar, then start on the second, and say "Well, there's no point keeping one" and finish the last one off. As for chocolate cake, we're sure she would have eaten chocolate cake with chips. She had a very sweet tooth, but it was her well-deserved special treat after a day hiking or fishing.



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